

WORKSHOP SCHEDULE

POWERFUL WOMEN AT WORK

8.30am	Registration
9.00am	Program Objectives
9.15am	Session 1 – Understand the World You Operate In <ul style="list-style-type: none"> ▪ Employment landscape for women ▪ Discrimination and unconscious bias ▪ Common obstacles to success for women in business ▪ The industry you work in and typical cultural environments you encounter
10.15am	Break
10.30am	Session 2 – Mindset: Choosing Your Attitude <ul style="list-style-type: none"> ▪ The power you have to choose your thoughts and emotions ▪ Essential attitudes for women at work ▪ Beliefs you hold that enable and undermine success ▪ Powerful thinking
11.30am	Session 3 – Get Connected and Build Relationships <ul style="list-style-type: none"> ▪ How to create strong relationships based on trust and respect ▪ How your attitude impacts the strength of relationships you create ▪ How to build the depth of rapport needed to influence ▪ Who you need to be connected with and why ▪ Keys to managing your brand and why that matters to success
1.00pm	Lunch
1.30pm	Session 4 – Influence People and Outcomes <ul style="list-style-type: none"> ▪ How to have your say and be heard ▪ Keys to Influencing how people think, feel and behave ▪ Creating the opportunities that you need and want ▪ Stepping forward to seize opportunity ▪ Communicating with impact
3.00pm	Break
3.15pm	Session 5 – Smashing the Glass Ceiling and Being a Powerful Woman at Work <ul style="list-style-type: none"> ▪ Challenging unfounded assumptions, you and other people hold ▪ How to compete well in a masculine environment ▪ The lessons you have taken from each of our sessions ▪ Commitments you will make to yourself, that will allow you to achieve the outcomes you really want
4.00pm	Workshop Close